



Chamber News

Advocacy ~ Connections ~ Growth ~ Value

Notes from February's Board Meeting

Representatives from Laurentian Ski Hill and the North Bay-Mattawa Conservation Authority made a presentation at the February board meeting. The Ski Hill and Conservation Authority has hired a marketing intern to expand the sponsorship opportunities at the Ski Hill. For many years the hill has had to use some of their reserves and operating money to improve capital. The Conservation Authority has reached out to area communities to support capital investment for the hill, much like they already do with other conservation areas in the region. This will allow Laurentian Ski Hill board to dedicate their time and efforts to operating and also allow for new sponsorship opportunities for the hill, along with all their fundraising events. The ski hill board is made up of all volunteers and as such, is dedicated to providing a great outdoor activity, right in the City. The hill of course is weather dependant and with a slow start to the season, is now seeing great conditions for outdoor enthusiasts to enjoy.

Dean Decaire of BDO Canada LLP also attended the February board meeting to present the Chamber's 2015 audited statements. With the numerous changes of last year, with the discontinuation of the Information Centre operation along with the move to a new location, the board expected a deficit at year end. The board had approved a resolution to use reserves to cover the move in the amount of \$20,000. The financial audit was solid and

the move was covered easily through current operations. The only difference was the write down of inventory that was still left from the Gift Shop operation which was covered by the reserves that were dedicated by the board to the deficit for year end. The auditors stated the audit was clean and proactive by the board with the move to our new location. The board approved the audit and further approved the 2016 operating budget which will see a small profit at year end of approximately \$3,000. The board can determine at year end to put the small profit back into reserves. The Chamber operates on a \$400,000 budget each year; just under half of which is the membership dues.

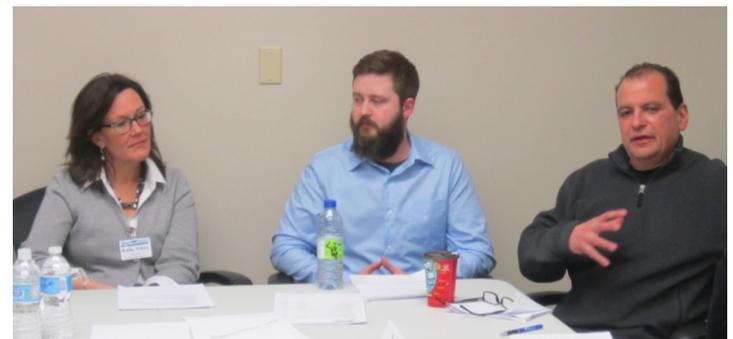
President Jake Lacourse congratulated Elizabeth Evans, a former director of the Chamber who was recently announced as GM of the Year for Chartwell across Canada. Chartwell Barclay House was also named #1 for operations out of 186 other

Chartwell properties across Canada.

President Lacourse also congratulated Executive Director Patti Carr for being named one of five Northern Leaders for 2016 in Northern Ontario Business recently.

Recognizing the slow start to the winter season for outdoor enthusiasts, President Lacourse was pleased to see skiers, snowmobilers and anglers coming to the area in droves. With the mild weather down south, and now great conditions in our region, it has gotten very busy over the past month with hopes of continuing for the remaining part of the season.

President Lacourse was also pleased to see the continued involvement of film in the region for the new year. Mr. Lacourse welcomed Hard Rock Medical that has just started shooting in the area, and also welcomed back the Hallmark series with Brooke Shields, in the Downtown core.



Left to right: Kathy Wilcox, chair of Laurentian Ski Hill, Cameron Messmer, Marketing Intern for Laurentian Ski Hill, and Dave Mendicino, chair of the North Bay-Mattawa Conservation Authority presented to the board at the February meeting.

Business After Hours 2016

Mark your calendar!

March 31, 2016

4:30 pm to 7:00 pm



&

340 Main Street West
North Bay, ON

April 21, 2016

4:30 pm to 7:00 pm



327 avenue Dudley, North Bay ON

Please visit the [Events Calendar](#) for more events throughout the year

INSIDE THIS ISSUE

- Congratulations Hannah Conroy, our Young Professional of the Month
- Pre-budget report from the survey provided by the Ontario Chamber
- Implementation of the ORPP delayed
- Lots of upcoming community events



2016 Board of Directors

Executive:

President Jake Lacourse
Vice President Brad Gavan
Vice President Charles Elliott
Past President John Strang
Treasurer Paul Daigle
Executive Director Patti Carr

Directors:

Tanya Bédard
Gisele Cousineau
Anna Iati
Natasha Penn
Peter Rooney
Irene Smit
Kyle Thomas
Ed Valenti

Staff:

Sue Adams
Executive Assistant

Nina Nordbeck
Membership Sales

Carol Porter
Get Trained Workers -
Nipissing Coordinator

North Bay & District Chamber of Commerce

205 Main Street East
North Bay, ON P1B 1B2
Tel: 705-472-8480
Fax: 705-472-8027
Website: www.nbdcc.ca



CHAMBER NEWS

is a publication of the North Bay and District Chamber of Commerce. Advertisements and the views expressed herein are not necessarily endorsed by the Chamber, its Board of Directors, staff or its membership.

Toronto, ON, February 16, 2016: The Ontario Chamber of Commerce (OCC) is encouraged by the Government of Ontario's decision to delay the implementation of the Ontario Retirement Pension Plan (ORPP). The OCC is now restating its call for government to support businesses' transition to the new plan through a series of offset measures.

On January 22, 2016, the OCC provided Premier Wynne with a letter outlining its concern with the fast-approaching implementation date of January 1, 2017 and urging the government to defer ORPP contributions until 2018. The letter noted that in the absence of any direct communication from government, many employers are still unsure about which ORPP implementation wave applies to them, or whether they will have to update their current compensation and retirement savings plans.

"Today's announcement shows that government is listening to the business community as it moves ahead with the implementation of the ORPP," said Allan O'Dette, President & CEO of the Ontario Chamber of Commerce. "A critical next step is for government to establish a clear communications timeline that outlines how and when employers will receive information relating to the ORPP and any obligations they or their employees may have."

This announcement is the latest in a series of modifications to the ORPP's design and implementation timelines that have been elicited through OCC advocacy, including expanded comparability rules and the public release of an economic impact analysis.

That economic impact analysis concluded that the plan will have a negative effect on the economy over the first twenty years of its lifespan. At its height, real household spending is projected to decline to \$2.9 billion below the base scenario, resulting in an annual GDP loss of \$2.3 billion by 2023. The OCC is urging government to mitigate these negative consequences by introducing measures that will offset the incoming costs of the new pension plan. This might include targeted tax relief and supports for small businesses, or measures similar to those implemented by the provincial government when the Harmonized Sales Tax was introduced in 2010.

On February 23rd, the OCC will be releasing data that outlines the employer community's perspective on how government should offset the ORPP's impact on businesses.

-30-

[Click here to learn more about the OCC's advocacy work on pension reform in Ontario.](#)

Focus On...

The Young Professionals

Check out our Young Professional of the month, **Hannah Conroy!**



Born in Orillia, Ontario, Hannah Conroy moved to North Bay to complete her post-secondary education at Nipissing University and graduated from the Business Administration Program.

Upon graduation, she began working at The Business Centre Nipissing Parry Sound as Business Programs Coordinator and is now the Business Development Advisor. Some of Hannah's responsibilities in this position include assisting clients with market research and the development of comprehensive business plans, event planning and management as well as community outreach. Working with entrepreneurs to help them achieve their goals is a very rewarding part of her job. Hannah is also on the fundraising committee for Habitat for Humanity in North Bay and enjoys helping out with community events.

When not working, Hannah is boarding a plane travelling to the next destination on her bucket list. She enjoys being outdoors - hiking, skiing and running.

If you know of someone deserving to be recognized as our Young Professional of the Month, please contact Patti by email: Patricia@nbdcc.ca or by phone: 705-472-8480.

Share your employment opportunities with us... just one more way to find potential employees. Visit our new Facebook page, [CLICK HERE](#)



ONTARIO'S #1 GROUP INSURANCE PLAN FOR LOCAL BUSINESSES



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THE OCC WEIGHS IN ON HOW THE ONTARIO BUDGET CAN GROW THE ECONOMY AND CREATE JOBS

Our [2016 Pre-Budget Submission](#) outlines 13 specific recommendations that we believe the Government of Ontario must adopt to restore fiscal balance and spur growth in our economy.

The submission outlines four key budget priorities, including the need to eliminate the deficit, leverage new market opportunities, and achieve much needed regulatory reforms.

Ontario's current fiscal situation deters private investment, reduces the government's capacity to make productivity-enhancing investments, and compromises the government's ability to respond to future economic slowdowns. Our pre-budget submission outlines many opportunities for business and government to work together to develop a coordinated response to these challenges.

Click on the picture to the right to view the whole document.





MARTEN RIVER'S

WISHIN' WE WERE FISHIN'



WINTERFEST

SAT. MARCH 19, 2016

WISHIN' YOU WERE FISHIN'

..... Cast away your troubles, our family oriented festival will give you the break you need

A full day of indoor & outdoor activities for young & old.

\$5.00 admission (CHILDREN 10 & UNDER FREE) Includes....

- Pancake and Sausage Breakfast,
- Outdoor children and family games,
- Dog Sled Rides, Log Sawing Events,
- Elimination Draw (only 200 ticket sold)
- Horse races, Live and Silent Auctions and much more.....
- Lunch & refreshments available.

All events at the Marten River Fire Hall

Passports sold at the door

Elimination Draw tickets available at local businesses





MARTEN RIVER VOLUNTEER
FIRE FIGHTING TEAM ASSOCIATION
2877 Hwy 11 North
Marten River, On

Dear Supporter;

The Marten River "Winterfest" committee is again planning for a fun filled community day on March 19, 2016. This year's event, themed **WISHIN' WE WERE FISHIN'**, features a pancake/sausage breakfast, dog sled rides, outdoor children's and family games, elimination draw, **FUN MONEY** horse races, lumberjack events, live and silent auctions and much.. much.. more.

A donation, in support of our **WINTERFEST**, of prizes for the games and activities or for the silent auction would be greatly appreciated and helpful in assisting us in achieving a positive outcome.

Marten River is a rural community that shops and does business in your town. Once or twice a week when we are in town we meet our friends and neighbours shopping and doing business in establishments such as yours. Our community supports you all year long and we ask for your support now.

Any funds raised will be used by the Marten River Volunteer Fire Department for safety equipment, fire prevention initiatives and for fire hall and community center needs.

Thank you for your consideration....And if possible please participate with us in Marten River on March 19th



Yours truly,

Paul and Mary Jane Elliott 705 892 2340
Winterfest Committee Chairpersons

Todd Siegner 705 892 5806
Marten River Volunteer Fire Fighting Team Association
Secretary/Treasurer

Do you have a passion to inspire youth entrepreneurship and innovation?

IION-YEPP is a 16-week (May-August) funded internship placement that provides you with a qualified worker

gain
grow
market
enhance
expand
explore
commercialize
develop
venture
innovate

CONTACT US TODAY!

Call 705-474-7600 ext. 5660
or email emily@iion.ca

Funding is available for these areas:
Nipissing / Temiskaming,
West Nipissing
or Parry Sound / Muskoka districts

Do you have a passion to explore entrepreneurship and innovation?

We offer a 16-week (May-August) paid placement program INCLUDING
3-day IION Venture Camp &
Online Entrepreneurial Educational Training

Get hands on experience working with an innovative company!

DARE TO BE AN ENTREPRENEUR
CONTACT US TODAY!
705-474-7600 ext. 5661
anne@iion.ca

Funding is available for these areas:
Nipissing / Temiskaming,
West Nipissing
Parry Sound / Muskoka districts

Tourism North Bay

Working in partnership with tourism and hospitality partners and the City of North Bay, the Chamber is pleased to announce the ability for online bookings now on the new website www.tourismnorthbay.com

Tourism North Bay is working towards four areas of efforts: a tourism officer, marketing & promotions, product development and bid funding. Tourism North Bay will work closely with the provincial tourism association of Northeastern Ontario to promote additional opportunities for operators and partners in the industry. For more information on NeOnt (Northeastern Ontario Tourism) - please visit: <http://www.northeasternontario.com/>



Like Us Now!



Ontario Elks Association **is celebrating their** **50th Anniversary**

The 50th Anniversary celebration is being hosted here in North Bay with their Provincial Conference, **May 20 - 21, 2016**. North Bay Elks Lodge is a group of men and women volunteers that assist those less fortunate, by supporting children and those with speech and hearing impairments, as well as offering assistance to other non-profit/service organizations in the area.

In preparation for the event, North Bay Elks Lodge is creating a **conference booklet** and would like your support in placing an ad. These affordable ads include: a full page ad for \$100, half page for \$50, quarter page for \$25 or a business card size ad for \$15. Please contact Norm at nstamour15@hotmail.com or call the North Bay Elks Lodge at 705.474.1491 or email them at elkslodgenorthbay@gmail.com.

Another way to support the association is by **donating an item to their auction** at the event. These items do NOT need to be big ticket items. You can call or email the North Bay Elks Lodge above, or just drop off your auction item at 325 Elks Lane, North Bay, ON. Your support is appreciated.

A warm welcome to our **NewMembers**

A & W - MCKEOWN AVENUE

Voting Member: Gina Sherry
850 McKeown Ave.
North Bay, ON P1B 8M1
Phone: 705-495-8888
* Quick-service restaurant

ALGER FURNITURE & APPLIANCES LTD.

Voting Member: Robert Alger
131 McIntyre St. East
North Bay, ON P1B 1C5
Phone: 705-472-7585
Website: www.algerfurniture.com
* Furniture and appliance store. On staff decorator.

COMPLETE HEALTHCARE SOLUTIONS

Voting Member: Jean St-Aubin
2123 Algonquin Ave.
North Bay, ON P1B 4Z3
Phone: 705-474-5600
Web: www.completehealthcaresolutions.ca
* Home oxygen therapy, home respiratory services, cpap therapy and pre screening for sleep apnea

EMCO CORPORATION NORTH BAY

Voting Member: Jason McQuaid
300 Fee St.
North Bay, ON P1B 8G5
Phone: 705-476-0701
Fax: 705-476-3662
Website: www.emconorthbay.com
Facebook: www.facebook.com/emconorthbay
* EMCO Corporation is a leading wholesale distributor of plumbing, HVAC, Industrial, Mechanical and Waterworks products in Canada.

HARIETT MADIGAN - INDEPENDENT

Voting Member: Hariett Madigan
41 McLean Road
North Bay, ON P1A 4H6
Phone: 705-495-4045
Website: www.livingfitsideout.com
* Women's wellness club for women over 50.

MARTEN RIVER LODGE

Voting Member: Ray Sapiano
36 Marten River Road
Marten River, ON P0H 1T0
Phone: 705-892-2351 Fax: 705-892-2289
Website: www.martenriverlodge.com
Facebook: www.facebook.com/Martenriverlodge
* Located just 30 minutes north of North Bay at the gateway to Temagami, Marten River Lodge is a premier Fishing & Hunting Lodge specializing in guided remote lake fishing adventures, corporate retreats, group events and fine dining in a historic wilderness setting. In business for over 80 years serving discerning sportsmen, outdoor enthusiasts and their families and Canadian and international businesses.

MCGUINITY FUNERAL HOME LIMITED

Voting Member: Gary Eide
591 Cassells St.
North Bay, ON P1B 3Z0
Phone: 705-472-8520
Fax: 705-472-0251
Website: www.mcguinityfuneralhome.com
* Funeral, burial and cremation services.

METTE'S BOOKKEEPING, PAYROLL AND TAX SERVICES

Voting Member: Mette Hovaas
North Bay, ON P1A 4J5
Phone: 705-474-9820
* Bookkeeping, payroll and taxes for small businesses and individuals

NORTHTECH STONE & CERAMIC

Voting Member: Rob Cheany
1379 Hammond St.
North Bay, ON P1B 2J2
Phone: 705-495-1622
Fax: 705-4956067
Website: www.northtec.biz
* Supply & installation of flooring and wall covering for commercial & residential

ROTARY CLUB OF NIPISSING

Voting Member: Marcus Wheeler
P.O. Box 1315 Stn. Main
North Bay, ON P1B 8K5
Website: http://portal.clubrunner.ca/213
Facebook: www.facebook.com/RotaryNipissing/
* We are a group of business and professional leaders who work and live in the North Bay-Nipissing Area. We are part of a worldwide organization: Rotary International. Also we enjoy the support of our families, colleagues and friends. Our diverse backgrounds, skills and a positive attitude enable us to serve our local and global community. While we are engaged in numerous projects, our focus is children and youth.

THE SIGN PEOPLE

Voting Member: Mickey Brunette
1077 Fisher St.
North Bay, ON P1B 2G6
Phone: 705-472-3016
Fax: 705-472-2537
Website: www.thesignpeople.ca
* Engraving, banner, sign & decals, large printing, floor graphics and vehicle

VALIN PARTNERS LLP

Voting Member: Stephania Ann Sikora
North Bay, ON
Phone: 705-474-1220
Fax: 705-474-5630
Website: www.valinpartners.net
* Full service law firm, (real estate, wills, estates, family, criminal, business, corporate and civil litigation)

VINYASA YOGA STUDIO

Voting Member: Rob Joannis
108 Oak St. East
North Bay, ON P1B 1A1
Phone: 705-498-9642
Website: www.vinyasayogastudio.ca
* Yoga instruction.

**See a Member first! Support
your colleagues in business.**



The Lake Temiskaming Tour is doing a survey of tourism, hospitality businesses and municipalities within the "loop" around Lake Temiskaming in regards to their new Web Portal.

Please take some time and fill out their survey to ensure you are included in their information. [CLICK HERE](#) to take the survey.

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North Bay
Chamber of
Commerce



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Shop Local!

Support your

colleagues in

business.

Send us your upcoming events, so we can post them on the Calendar of Events!



To view the calendar, [CLICK HERE!](#)

Kevin's Longest Morning 2016



Kevin and 2016 Ambassador Ethan Dokis (11)

March 31st & April 1st

Broadcasting live from Northgate Shopping Centre
raising money for *rotary4kids*
to assist area children with special needs in many ways.

Learn more at www.rotary4kids.ca Donate online today.

Rotary
The Rotary Club of North Bay



Member Updates

1876269 ONTARIO INC/ KEY SPRING & TRUCK REPAIR

Cory McKee
Box 1260
North Bay, P1B 8K5
Phone: 705-495-4444 Fax: 705-495-4445
Description: Spring shop; garage
Change Note: New postal code

ALGONQUIN SAFETY TRAINING

Rod Burke
480 Cassells
North Bay, P1B 3Z5
Phone: 705-223-0120
Website: www.algsafety.ca
Facebook: www.facebook.com/algsafety
Description: All safety training courses required in most fields of employment within Canada.
Change Note: New address

BAYWOOD MARINE OF NORTH BAY LIMITED

Carl Crewson
119 Progress Court
North Bay, P1A 0C1
Phone: 705-476-6010 Fax: 705-476-6820
Website: www.bwmarineproducts.com
Description: Distributor - marine products
Change Note: New postal code

BIG MOOSE CAMP LTD

Shelley Belleuille
581 Big Moose Road
Corbeil, POH 1K0
Phone: 705-752-3738
Website: www.bigmoosecamp.com
Facebook: www.facebook.com/BigMooseCamp
Description: Open year round and located on Lake Nosbonsing - lakefront or lakeview housekeeping cottages; boat with motor rentals; docking and launching facilities and ice fishing hut rentals.
Change Note: New description and facebook

BURROWS COUNTRY STORE & GARDEN CENTRE

Bob Hudson
270 Third Avenue West
North Bay, P1B 3M4
Phone: 705-472-2800 Fax: 705-495-4528
Website: www.burrowscountrystore.com
Description: Retailer gardening; landscaping; trees; perennials; shrubs; annuals; bird; pet food; feed; apples; salt & ice melt
Change Note: New website and description

C. JOHN D'AGOSTINO LAW PROFESSIONAL CORPORATION

C. John D'Agostino
255C Fisher Street
North Bay, P1B 2C8
Phone: 705-474-3655 Fax: 705-474-9334
Description: Legal services; barrister/solicitor
Change Note: New company name

C.E. COMPUTERS & NETWORKS

William Arrowsmith
267 Main Street West
North Bay, P1B 2T8
Phone: 705-223-2667
Website: www.cecomputers.ca
Facebook: www.facebook.com/CeComputersAndNetworks
Twitter: [@cecomputers1](https://twitter.com/cecomputers1)
Description: Computer-Network Specialist.
Services include: virus removal; windows upgrades; website hosting; hardware repair; mobile training; data recovery; email hosting; maintenance plans; network wiring; backup systems; printers; website development; system cleanings; wireless networking; training services; personal service; remote services; cloud services; malware removal; system setups; internet consulting; new/used hardware; network administrating; hardware consulting; and more...
Change Note: Address, twitter and facebook

CAPITOL CENTRE

Dee Adrian
150 Main Street East
North Bay, P1B 1A8
Phone: 705-474-1944 ext. 224
Fax: 705-474-8431
Website: www.capitolcentre.org
Facebook: www.facebook.com/capitolcentre
Twitter: [@capitolcentre](https://twitter.com/capitolcentre)
Description: Centre for arts and entertainment for Northeastern Ontario
Change Note: New phone number

CINTRA MAY'S LINGERIE

Cindy Ryan
163 Main Street West
North Bay, P1B 2T6
Phone/Fax: 705-474-1000
Facebook: www.facebook.com/Cintra-Mays-Lingerie-451706774908781
Description: Retailing in lingerie; sleepwear & swimwear. We also do bra fittings.
Change Note: New company name and facebook page

CHEAPSKATES

Barry Klus
274 Main Street East
North Bay, P1B 1B1
Phone: 705-495-4736 Fax: 705-495-8435
Website: www.cheapskatesports.com
Facebook: www.facebook.com/pages/CHEAPSKATES/118055638240997
Twitter: [@Cheapskatesnb](https://twitter.com/Cheapskatesnb)
Description: Bikes; Bike Rentals; Snowboards; Skis; Wakeboards; Skimboards; Skateboards; Tri gear; Technical Gear; Apparel; Footwear; Full Service Shop. Follow us on Facebook; Twitter & Instagram
Change Note: Company name and description

COLLINS BARROW SNT LLP

Francois Roberge, CPA, CGA
1850 Bond Street; Unit A
North Bay, P1B 4V6
Phone: 705-494-9336 Fax: 705-494-8783
Website: www.collinsbarrow.com
Description: Chartered Professional Accountants
Change Note: New company name

DIGITAL OFFICE SOLUTIONS / XEROX

Elizabeth Fedeli
2582 Alexander Road
North Bay, P1B 9C5
Phone: 705-474-7331 Fax: 705-475-0576
Website: www.digitalofficesolutions.ca
Description: North Bay's exclusive Xerox Authorized Sales Agent offering digital multi function devices; fax; laser printer; colour & networked solutions with Xerox Total Satisfaction Guarantee. Managed print services.
Change Note: New description

FDM4 INTERNATIONAL INC

Zelia Abbott
1297 Airport Road
North Bay, P1B 8G2
Phone: 705-474-2090 x 2250
Fax: 705-474-6632
Website: www.fdm4.com
Description: Author of the robust FDM4 and e-Business Software: sells or rents
Change Note: New postal code

Shop Local!

Member Updates *continued...*

HILLTOP DENTAL HYGIENE CLINIC

Chantal Pannell
101 Worthington Street East; Suite 423
North Bay, P1B 1G5
Phone: 705-478-8584
Web: www.hilltopdentalhygieneclinic.com
Facebook: [facebook.com/166661303401869](https://www.facebook.com/166661303401869)
Description: Accessible oral hygiene care in a modern; comfortable and relaxing setting. Dental cleaning/polishing; oral cancer screening; periodontal assessment; referrals to dentists and other health professionals; whitening; and more! Senior rate. Service en francais.
Change Note: New website

IMAGEWEAR A DIV. OF MARK'S

Dave Knox
1872 Warminster Side Rd.
Warminster, L0K 2G0
Phone: 705-345-6435 Fax: 705-325-3370
Website: www.imagewear.ca
Description: Clothing Company - Uniform and Footwear
Change Note: New address and fax number

KEECH COMPUTER SOFTWARE

Bill Keech
67 Joseph Street
North Bay, P1A 1L9
Phone: 705-495-1232
Website: <http://users.vianet.ca/kcsdev/>
Description: Custom web development
Change Note: New website

KENDALL, SINCLAIR, COWPER & DAIGLE LLP

Claude Daigle
237 Main Street East
North Bay, P1B 1B2
Phone: 705-472-0420 Fax: 705-476-7524
Website: www.ca-partners.com
Description: Chartered professional accountants
Change Note: New company name

KNIGHT PIESOLD LTD.

Robert A. Mercer
1650 Main Street West
North Bay, P1B 8G5
Phone: 705-476-2165 Fax: 705-474-8095
Website: www.knightpiesold.com
Description: International consulting engineers and environmental scientists specializing in the mining; power; water and environmental sectors
Change Note: New voting member

KNOX

Alanna Taylor
288 Second Avenue West
North Bay, P1B 3K9
Phone: 705-476-3537 Fax: 705-474-5684
Website: www.kibl.com
Facebook: www.facebook.com/Knox705
Twitter: @Knox705
Description: General Insurance
Change Note: New Voting member, company name, twitter and facebook page

LAPORTE'S NUSERY & GREENHOUSES INC.

Lori Laporte
1054 Lakeshore Drive
North Bay, P1A 2H3
Phone: 705-472-6414 Fax: 705-472-8255
Website: www.laportesnusery.ca
Description: Nursery & Greenhouses
Change Note: New company name, fax number and website

LES COMPAGNONS DES FRANCS LOISIRS

Michel Page
327 Dudley Avenue
North Bay, P1B 7A4
Phone: 705-472-5547 Fax: 705-472-9225
Website: www.centrecompagnons.ca
Description: French cultural centre; daycare (Garderie Soleil)
Change Note: Voting member and website

THE LINCOLN INN

Shirish Patel
594 Lakeshore Drive
North Bay, P1A 2E6
Phone: 705-472-3231
Website: www.thelincolninn.ca
Description: Continental breakfast; free wifi; microwave & fridge; walking distance to restaurants and Lake Nipissing
Change Note: New description

LUXE LASER AND BEAUTY LOUNGE

Christina Winters
3-501 McKeown Ave.
North Bay, P1B 9E4
Phone: 705-478-5893
Facebook: www.facebook.com/Luxe-Laser-and-Bauty-Lounge-1595987373996876/
Description: Luxe Laser and Beauty Lounge will feature esthetic services including laser hair removal, microdermabrasion, mani-pedi's, facials, relaxation massages, eyelash extensions and more.
Change Note: New facebook page

MAXWELL POTTERY

Jodi Maxwell
370 Hwy 630
Mattawa, P0H 1V0
Phone: 705-744-0543 Fax: 705-744-2628
Website: www.maxwellpottery.com
Description: Maxwell Pottery is known for its unique handmade stoneware pottery. All work is handmade at our Studio enroute to the Eau Claire gorge.
Change Note: New website

MAYNE TRAVEL SERVICES LTD

Chris Mayne
173 Main Street West
North Bay, P1B 2T6
Phone: 705-474-1532 Fax: 705-474-7301
Website: www.maynetravel.com
Description: Travel Agency; airline & vacation tour reservations
Change Note: New website

MIKE FREESTON - ROADWARRIOR & ASSOCIATES INTERNATIONAL

Mike Freeston
Phone: 705-303-6352
Twitter: @roady13
Description: Independent Member
Change Note: Company name and phone #

MILLER PAVING NORTH BAY

Jodie Geisler
P.O. Box 565; 70 Couchie Industrial Road
North Bay, P1B 8J5
Phone: 705-472-3312 Fax: 705-472-1763
Website: www.millergroup.ca
Description: Production & sale of asphalt pavement & aggregate material; general contractor
Change Note: New voting member

NORDIC MINESTEEL TECHNOLOGIES INC.

Gordon Brooks
P.O. Box 6670; R.R.#2; 4530 Highway 11 N.
North Bay, P1B 8G3
Phone: 705-474-2777 Fax: 705-474-5083
Website: www.nordicminesteel.com
Description: Custom designed mining equipment; Custom steel & Aluminum Fabrication; design; engineering; Installation & erection; sandblasting & painting
Change Note: Voting member and description

Shop Local!

Member Updates continued...

NORTH BAY INDIAN FRIENDSHIP CENTRE

Kathy Fortin
980 Cassells Street
North Bay, P1B 4A8
Phone: 705-472-2811 Fax: 705-472-5251
Website: www.nbifc.org

Description: The mission of the North Bay Indian Friendship Centre is to improve the quality of life for First Nation; Metis; and Inuit people in the urban environment of North Bay by supporting self-determined activities which encourage equal access and participation in society and which respects Aboriginal cultural distinctiveness.

Change Note: New voting member

T ZONE NORTH BAY INC.

Shelly Won
392 Airport Rd. Unit #4
North Bay, P1B 8X9
Phone: 705-494-9663
Website: www.tzonevibenorthbay.ca
Facebook: www.facebook.com/pages/T-Zone-Vibration-North-Bay/232334040116926

Description: Health & Wellness through whole body vibration.

Change Note: New address and website

THE BUSINESS CENTRE NIPISSING PARRY SOUND INC.

Denise Sherritt
200 McIntyre Street East P.O. Box 360
North Bay, P1B 8H8
Phone: 705-474-0400 Fax: 705-474-4493
Website: www.thebusinesscentre-nps.com
Facebook: www.facebook.com/the-business-centre-nipissing-parry-sound-inc
Twitter: @businessctr_NPS

Description: Provide assistance to new and expanding businesses in the areas of: Free one on one counselling; access to government resources; business name registration; business planning assistance & market research support

Change Note: New twitter and facebook

THE STEERING WHEEL

Glenn Porter
559 Main Street East
North Bay, P1B 1B7
Phone: 705-476-3090
Website: www.steeringwheel.ca
Facebook: www.facebook.com/steeringwheelnorthbay

Description: Aftermarket automotive parts and accessories

Change Note: New website and facebook

TORBAY SUITES

Steve Landsberg
587 Banner Avenue
North Bay, P1A 1X7
Phone/Fax: 705-474-4266
Website: www.torbay.net

Description: Short term & extended family & corporate accommodations on Lake Nipissing

Change Note: New description

VALLIANT CHIROPRACTIC CENTRE

Dr. Gord Valliant
680 Cassells Street; Suite #102
North Bay, P1B 4A2
Phone: 705-476-1122 Fax: 705-494-8946
Website: www.drvalliant.com

Facebook: www.facebook.com/Valliant-Chiropractic-Centre-405249692850187
Description: Provider of Chiropractic Care - State of the art spinal analysis equipment to determine your need for care and then to measure you're out come response to the correction you require. Spinal x-ray facility on site.

Change Note: New facebook page

VOYAGER INN

Geoff Richardson
123 Delaware Avenue
North Bay, P1B 6Z6
Phone: 705-840-6442
Facebook: www.facebook.com/thevoyagerinn

Description: The Voyager is a unique establishment. Welcome to our family run facility. We strive to provide the best accommodations; services; and value for our guest and tenants. The Voyager has gone through many renovations, which has resulted in the birth of "The Summit" nightclub, "Hai Nan" Chinese food restaurant and "Lock's, Taper's, Scissors" hair salon/spa. Come and experience the recent improvements. We have 2 venues that can be utilized for business meetings, personal functions, and events that can accommodate up to 300 people. Stop by and visit the Voyager. While you're here, pop over to "Shooter's Country Saloon" for a cold drink and live entertainment.

Change Note: New description

Shop Local!

Advocacy, Connections Growth & Value



Any sales?
Upcoming
Events? Add
@nbdcc to your
"tweet" and we
will "re-tweet"
to all of our
followers.



Shop Local! Support your colleagues in business.

FEBRUARY 26, 2016
NEW VENUE!
The Voyager
in the Summit
123 Delaware Ave.
North Bay

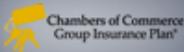
LADY'S LASHES

DOORS OPEN 8:00 PM
SHOW STARTS 9:00 PM

PRESENTED BY
ACNBA
705-497-3963

TICKETS
\$30-\$35
AVAILABLE AT ACNBA
AND THE VOYAGER

THIS IS A LICENCED EVENT / ADULT CONTENT



GROUP HEALTH INSURANCE PLANS FOR CHAMBER MEMBERS

GROUP INSURANCE PLAN FOR ONTARIO BUSINESSES

- * DENTAL BENEFITS
- * HEALTH CARE
- * DISABILITY INSURANCE
- * BEST DOCTORS
- * LIFE INSURANCE
- * CRITICAL ILLNESS

AND MORE!



REQUEST A QUOTE

Chamber members have access to Canada's largest employee benefits plan targeted to small-to-medium sized business.

Introduced over 35 years ago Chambers Plan now provides coverage to over 27,000 firms like yours. Regardless of the size of your organization Chambers Plan can be customized to meet your needs, [Request a quote today](#) and let us show you how we can customize a plan for you.

Established

Chambers Plan Group Health Insurance has operated continuously for over thirty five years. Your firm's rates will remain stable regardless of claims history. Additionally, Chamber Plan Group Health Insurance is non-cancellable due to any claims experienced by your firm. Your company will never be singled out for a rate increase, ever.

Local

Your business is unique so your business needs unique coverage. That is why a local Chambers Plan Advisor administers your employee health benefits plan. A [Chamber Plan](#) Advisor is a member of your community. Whether you want to add dental coverage, change or update, or simply ask a question your Advisor is there for you.

Customizable

Coverage can be tailored to suit your needs. Customize your plan selecting from a wide range of coverage - life, health, dental, disability, critical illness and much more! As well, Chambers Plan members have access to my-benefits® an online management tool. This tool allows you to administer your plan anywhere, anytime.

Comprehensive

Chambers Plan offers traditional coverage such as life, health, dental and disability, critical illness and so much more. No matter the size of your business we have a comprehensive group [health insurance](#) package for you. Enjoy guaranteed renewal coverage and outstanding service through your local advisor.

Additional Benefits

Every program comes with access to the Best Doctors® program, a truly valuable resource. The Best Doctors® program helps members get a second opinion and advice from some of the world's leading medical experts in a wide range of medical fields. The Chambers Plan is proud to deliver these services available to every one of your employees. It is just one more example of the value Chambers Plan can provide.

We can find a plan that is right for you! Visit our website today at www.chamberplan.ca to find out why Chambers Plan is Canada's #1 [group health insurance plan](#) for small firms.



LUNCH & LEARN

Keys to Successful Business Management

presented by RBC

Wednesday, February 24 2016
12:00 p.m. to 1:00 p.m.



Information Session Includes:

- Developing a business plan and a plan to generate revenue
- Cash flow forecasting and management - how to prevent cash flow crises
- Getting the right financing (short term and long term)
- Personal taxes, business taxes and investment planning

All Lunch & Learn sessions are held at North Bay City Hall

200 McIntyre Street East
6th floor Boardroom

Please register in advance by contacting
The Business Centre

E: hannah.conroy@thebusinesscentre-nps.com
T: 705-474-0400 ext.2443

Sessions are "brown bag" style, please bring your own lunch.



ADVANCE CARE PLANNING WORKSHOP

"Let's have the Conversations"

Presented by
Heather Westaway
Manager, Health Sciences and Interprofessional Education Faculty Lecturer,
Northern Ontario School of Medicine

Advance Care Planning Definition: ACP is a process of reflection and communication. It is a time when you (a person who is capable) reflects on your values and wishes, and lets others know your future health and personal care preferences in the event that you become unable to consent to or refuse treatment or other care.

Join us and learn

- The importance and benefits of having these conversations
- Understand the complex relationship between ACP, Goals of Care and Consent
- Empower you to have the conversation around ACP

Saturday, March 12, 2016

9:00 am - 3:00 pm

The Empire Retirement Living Centre
425 Fraser St. North Bay

Advanced registration required by March 1st as seating is limited

\$5.00 fee at the door will include Lunch and ACP workbook

to register email office@nnpn.com or call 705-497-9239

sponsored by:



Mining Panel

Strengthening Ontario's Mining Advantage

Thursday, February 25, 2016 | Dynamic Earth - Atlas Copco Theatre
Reception 4:30 PM - 5:30 PM | Panel Discussion 5:30 PM - 7:00 PM

Join the Greater Sudbury Chamber of Commerce and the Ontario Chamber of Commerce for a panel discussion around strengthening Ontario's mining advantage. Our panelists will be discussing important topics such as strategies to keep mining competitive, mining innovation, Aboriginal relations and partnerships and what actions the Government of Ontario should take to ensure the vitality of the sector.

The event will begin with a presentation from Scott Boutilier, Ontario Chamber of Commerce, about the key findings of the recently released Ontario Chamber of Commerce report *Digging Deeper: Strengthening Ontario's Mining Advantage* followed by a moderated panel discussion.

Moderated by: André Dumais, Business Development Manager, Black Rock Engineering and IONIC Engineering



Chris Hodgson,
 President, Ontario
 Mining Association



Douglas Morrison,
 President and CEO, Centre
 for Excellence in Mining
 Innovation
 (CEMI)



Stephen Lindley,
 Vice President,
 Aboriginal and Northern
 Affairs, SNC-Lavalin



Hans Matthews
 President & Co-Founder,
 Canadian Aboriginal
 Minerals Association



Scott Boutilier,
 Senior Policy Analyst,
 Ontario Chamber of
 Commerce

Visit sudburychamber.ca/events to register.

Sponsors:



In partnership with



NIPISSING

U N I V E R S I T Y

REQUEST FOR APPLICATIONS TO THE BOARD OF GOVERNORS

Nipissing University invites applications and nominations from the community to fill vacancies on its Board of Governors.

Board members serve on two Board sub-committees and attend regular Board meetings and University functions. The Board of Governors represents a broad cross-section of the community it serves. Of particular interest at the present time are applications from persons who have experience and expertise in the areas of government relations and fund raising/promotion.

Nipissing University is a progressive, primarily undergraduate university known for providing a supportive, individualized learning environment. It has an excellent reputation for its teacher education, arts, science, business and nursing programs and is developing a dynamic research culture.

As one of the largest employers in the city of North Bay, Nipissing University's economic impact on the city and region exceeds \$200 million annually.

For further information on the role and responsibilities of a Board member, please contact Karol Murphy, Secretary to the Board at 705-474-3450, ext. 4040, or at governors@nipissingu.ca.

Applicants are requested to send a letter and resumé outlining qualifications, background and experience to:

Dr. Trevor Bachelder, Chair, University Governance Committee
Nipissing University, 100 College Drive, North Bay, Ontario P1B 8L7,
or via email to: governors@nipissingu.ca.

Nipissing University is an equal opportunity employer and will provide accommodation in accordance with the Ontario Human Rights Code.

Member Highlights!

Mattawa Golf & Ski Resort

Whether you prefer to take in the splendor of “Voyageur Country” during a snowshoe hike or a more fast-paced travel option, Mattawa Golf & Ski Resort has got you covered! Mike and Brenda Martel’s four-season resort near Algonquin Park offers ATV-ing, snowmobiling and snowshoeing, as well as golf during the summer season.

Known locally as one of the finest areas for beauty and variety of trails, Mattawa Golf & Ski Resort has provided outdoor adventures to locals and visitors from near and afar since 1982. Located only 15 kilometers from

the slopes of Antoine Mountain, the resort provides a convenient base from which to explore many different winter activities this season, whether it’s during a weekend or a longer stay.

Multi-day packages are available and include accommodation in cottages and equipment rental upon request. All cottages overlook the golf course and have a full kitchen, four-piece bathrooms, fireplaces, air conditioning and barbecues. A fully licensed restaurant is also available on site.

To get a head start on their recent registration with the North Bay & District Chamber of Commerce, Mattawa Golf & Ski Resort wants to offer fellow Chamber members 10% off green fees and cart rentals for the upcoming golf season. Another good reason to visit Mattawa!

www.golfmattawa.com



Photo credit: Martin Lortz & Craig Nicholson – VisitMattawa.Travel

BatteryBattery

For All Your Battery Needs

Batteries in the winter are a lot like people; they prefer to stay warm, dry and on the go. But no matter how much TLC you give them, sooner or later they’ll start giving you problems, and that’s when a call to Battery Battery will be helpful. Long-time Chamber member Shawn Kettner opened Battery Battery in 2010, offering batteries, chargers and accessories for all kinds of applications; car, boat, bike, ATV, cordless phone, computer, wheelchair, solar systems, hearing aid... The list keeps going and going and going...

The Main Street West store also tests and analyzes batteries of all shapes and sizes, and manages in many cases to bring them back to life again, resulting in huge savings over replacement.

Additional services include a free-of-charge recycle depot for used batteries, the rebuilding of most types of rechargeable battery packs, and

deep-cycle batteries specifically designed for solar-powered storage applications.



Biscuit with his colleagues Ben, Shawn and Dave.



Don’t forget to bring your youngest family members the next time you visit the store! They will love to check out the children’s ride-on vehicles and maybe also give a cookie or two to the store manager, Biscuit.

<https://www.batterybattery.ca/>

Member Highlights!

Would you trust an accountant only because he can count? Same applies to translation : you have to raise your standards and always demand to work with a professional.

Giving more recognition to professional translators has been the first priority of Amélie Roberge, English to French Certified Translator, these past years.



After obtaining her bachelor of arts, specialization in translation, in 2005, she began her career at the federal government, first for Citizenship and Immigration and then for the Department of Foreign Affairs and International Trade. Just before moving back to the Temiscaming Region, she was on assignment at Canada's Prime Minister Office.



Les Traductions
Amélie Roberge

In order to move back home, she jumped the fence to the private sector and worked for a few years with a translation firm. To add another string to her bow, she accepted in 2014 a one-year contract at the Canadian Institute for Health Information where she has been working for the past year and a half.

She is pleased to be a new member of the North Bay and District Chamber of Commerce and to offer quality English to French translation, revision, proofreading and language advice services in the North Bay area.

For more information, visit lestraductionsamelieroberge.com.



A pinched nerve, a herniated disc or another flare up of “the good old sore back”... Whatever the spinal discomfort might be, Dr. Mark Swain is passionate about helping his patients feel better. The owner of back4life Spinal Health Centre has served North Bay and the surrounding communities for over 25 years, most recently from his new location at 107 Shirreff Avenue.

By focusing only on the spine, the Centre provides personalized chiropractic care to suit each patient's needs. Spinal health classes, postural screenings and advice on lifestyle and nutrition are also part of the service offering.

Dr. Swain takes an integrated approach in chiropractic care, which means that he looks for the underlying causes of discomfort and pain, rather than only treating the symptoms. He wants people to be able to have an active, healthy life style. The trick to achieving that, he believes, is preventative care, using chiropractic techniques to correct small misalignments on a regular basis.



Dr. Mark Swain and Stephanie McCabe of back4life Spinal Health Centre

“Most people pay little attention to their spinal health until there is already a problem. Preventive care can help to lengthen the health of the spine so that these types of problems do not arise in the first place”.

A musician and member of the North Bay Symphony Orchestra, Dr. Swain takes a special interest in injury prevention and treatment for musicians. He recently joined the North Bay & District Chamber of Commerce as a way to gain increased visibility and reach new clients.
<http://www.back4life.ca/>



Looking for ways to promote your business or event, in an inexpensive way? Try placing an ad in our monthly newsletter, or weekly e-news, sent out to all members & employees!

Newsletter Advertising

Affordable Offers for Chamber Members

Price List for Newsletter Inserts

Ad Size (height x width)	Price for Members	Price for Non-Members
2 pages (2@ 10" x 7 3/4")	\$150.00 + HST	\$300.00 + HST
1 page (10" x 7 3/4")	\$100.00 + HST	\$200.00 + HST
1/2 page (4 7/8" x 7 3/4" OR 10" x 3 3/4")	\$50.00 + HST	\$100.00 + HST
1/4 page (4 7/8" x 3 3/4")	\$30.00 + HST	N/A
Business Card (2" x 3 1/2")	\$20.00 + HST	N/A

Deadline for advertising: 2nd Thursday of each month

Price List for Weekly E-News Inserts

(Limited space is available)

Ad Size (height x width)	Price for Members
1/2 page (4 7/8" x 7 3/4" OR 10" x 3 3/4")	\$50.00 + HST
1/4 page (4 7/8" x 3 3/4")	\$30.00 + HST
Business Card (2" x 3 1/2")	\$20.00 + HST

Deadline for advertising: Monday of each week*

*Excludes third week of each month, when newsletter is published

New members get 50% off their 1st newsletter insert!
(within 6 months of joining date)

Discounts apply for multiple insertions

Limited space is available in Weekly E-News

Preferred formats:

High quality pdf,

jpeg; tiff; gif; png;

Word or Publisher documents accepted as well.

For more information, or to reserve your space in our next Newsletter or Weekly E-News, contact the

**North Bay & District
Chamber of Commerce**

705-472-8480

patricia@nbdcc.ca



Website Advertising

Special Offer for Chamber Members

WHAT WILL A WEBSITE AD DO FOR YOU?

Helps you with your marketing:

- The website ads feature a private tracking area that will allow your company access to information on the number of times the website advertisement was viewed, and how many times it was clicked on.

Helps you with your sales:

- The banner ad can be linked to the company's own web site if desired, helping to increase your sales.

Helps you with your image:

- The professional creative team will assist you in creating your ad, for an additional charge.

For more information
contact the
North Bay & District
Chamber of Commerce

205 Main Street East
North Bay, ON P1B 1B2
Phone: 705-472-8480

**SIDE BANNER:
225 X 450px**

\$140 / year

**BOTTOM AD:
225 X 225px**

\$100 / year

Order your banner ad now!

Company	
Contact Name	
Address	
Phone	
Fax	
Email	

Fill out this form and fax it to the North Bay & District Chamber of Commerce at 705.472.8027 or email sue@nbdcc.ca with your attached banner ad/side ad